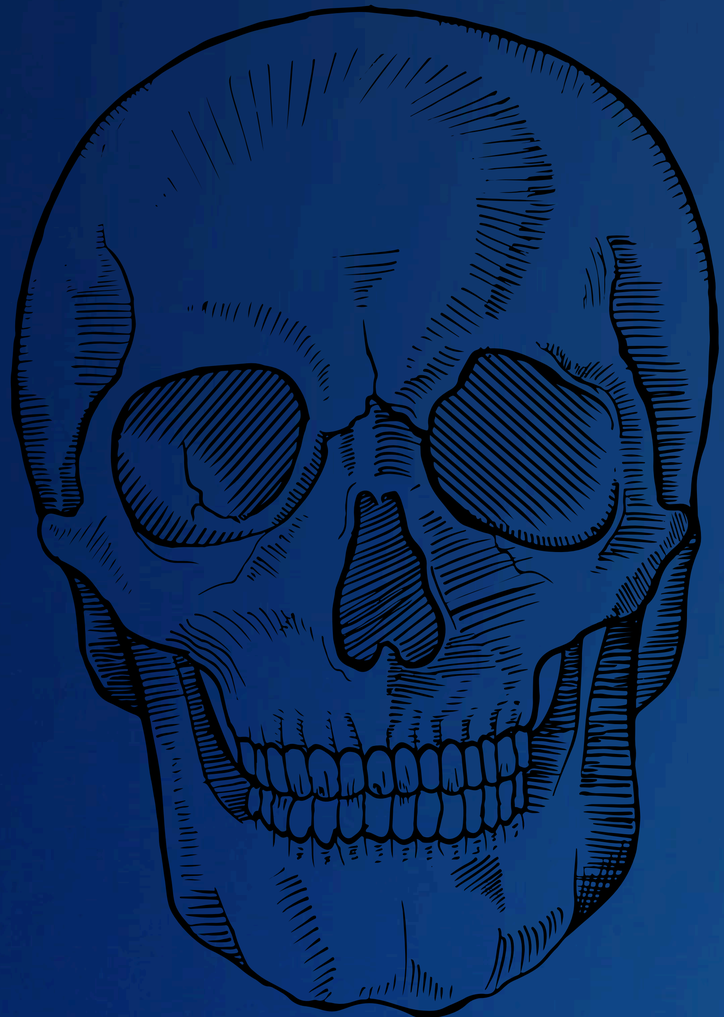
ANATOMY GUIDE

YOUR COMPLETE GUIDE FROM THEORY TO PRACTICAL.



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CONTENTS:

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- RESOURCES
- APPROACH TO STUDYING ANATOMY
- ANATOMY KNOWLEDGE CHECK
- ANATOMY ORAL SPOT EXAM

ATLAS:

- GRAYS ANATOMY FOR STUDENTS
- NETTERS ANATOMY ATLAS

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ASK CHATGPT TO USE THESE RESOURCES
TO ANSWER YOUR QUESTION

APPROACH TO STUDYING ANATOMY:

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STUDY THE LECTURE
(BEFORE ATTENDING)

ATTEND THE LECTURE

ATTEND THE PRACTICAL

PRACTICE IN THE LAB

TEST EACH OTHER IN THE LAB AND EXPLAIN THE CONCEPTS

APPROACH TO STUDYING ANATOMY:

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- STUDY THE OSTEOLOGY FIRST
- STUDY THE REGION
- USE INTERACTIVE 3D MODELS , A USEFUL RESOURCE WOULD BE AN APP CALLED : **COMPLETE ANATOMY**

IF ITS A MUSCLE !

YOU NEED TO KNOW:

- ATTACHMENT
- INSERTION
- BLOOD SUPPLY
- NERVE SUPPLY
- FUNCTION

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ANATOMY KNOWLEDGE CHECK:

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- 12 QUESTIONS (MCQ)

- THE ANATOMY LECTURES THAT YOU ALSO STUDY FOR THE KNOWLEDGE ARE THE LECTURES YOU GET EXAMINED ON FOR THE ANATOMY KC

- USEFUL RESOURCE IS:

DISSECTION GUIDE IN MOODLE LIBRARY , PICTURES IN THE ANATOMY KC ARE FROM THERE !!

SEMESTER 2:

- REVISE BMF IN THE READING WEEK!!!

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ANATOMY SPOT EXAM (END OF THE YEAR):

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- 5 MINUTES BMF , 5 MINUTES CARDIO/RESP
- 2 EXAMINERS

OSTEOLOGY > SPECIMENS > SURFACE ANATOMY > RADIOLOGY

USEFUL RESOURCES WHILE STUDYING:

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- ANKI
- FLASH CARDS
- GRAYS ANATOMY FLASHCARDS (IN MOODLE LIBRARY)

USEFUL WEBSITES:

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- TEACHMEANATOMY
- KENHUB

RCSI MATERIAL:

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- LECTURE SLIDES
- NETANATOMY FOR X-RAYS
- BLUE BOOK

BEST OF LUCK !!

ACADEMIC COMMITTEE

ALNAHDHAH STUDENT ASSOCIATION

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